



Manual Handling

COURSE AIMS

The aim of the course is to introduce new members of staff or update existing staff with knowledge of Manual Handling. This certificate will also help to increase self-motivation and confidence.

CONTENT

The content of the course is geared towards those working in all businesses at all levels. The course is of a highly practical nature with some theoretical input. We try to use the clients' own equipment to ensure the maximum benefit is received from the training.

COURSE MATERIALS

All course material are provided by WANT Medical Services

ENTRY REQUIREMENT

Any person on approval of the employer can attend. Candidates must attend 100% of the course.

DURATION

This is a 3-hour course, starting at approximately 9.30am.

ASSESSMENT

The students are assessed on the basis of their performance during the day. Successful candidates will be awarded a certificate of attendance.

OBJECTIVE

Successful completion of the course will enable candidates to:

- Quickly and efficiently select the appropriate lifting method
- Use approved lifting techniques to reduce the risk of back injury
- Understand the reasoning for reducing the amount of lifting required
- Improve knowledge of the spine and back

QUALIFICATION

Manual Handling Certificate of attendance – Valid for 3 years

FEE

Please check website or call office for latest prices

SYLLABUS

The Course syllabus consists of:

- ⇒ General Introduction
- ⇒ Introduction to Manual Handling
- ⇒ The Spine and Parts
- ⇒ The Basic Lifting Technique
- ⇒ Lifting Equipment
- ⇒ Class Practice of Methods Used

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