



## Emergency First Aid at Work

### COURSE AIMS

The Health and Safety Executive (HSE) recommend this course. The aim of the course is to introduce new members of staff or update existing staff with knowledge of First Aid in the workplace and to give the employer an 'Appointed Person' to comply with the regulations and the approved code of practice (ACOP). This certificate will also help to increase self-motivation and confidence.

**This new course will make you the 'First Aider' for your workplace – for low risk environments. High risk environments should do the new 3 day 'First Aid at Work Certificate'.**

### CONTENT

The content of the course is geared towards those working in all businesses at all levels. The course is of a highly practical nature with some theoretical input.

It is intended to provide a basis for more advanced studies such as the Three-day First Aid at Work Certificate.

### COURSE BOOKS

All course material are provided by WANT Medical Services

### ENTRY REQUIREMENT

Any person on approval of the employer can attend. Candidates must attend 100% of the course.

### DURATION

This is a 6-hour course, starting at approximately 9.30am

### ASSESSMENT

The students are assessed on the basis of their performance during the day. Successful candidates will be awarded a certificate of attendance.

### OBJECTIVE

Successful completion of the course will enable candidates to :

- Identify potentially hazardous situations
- Quickly and efficiently alert the emergency services
- Provide First Aid to work colleagues
- Ensure First Aid equipment is up to date and correct



## QUALIFICATION

Appointed Persons certificate - *valid for 3 years*. Yearly updates recommended

## FEE

**Please see website or call for latest prices**

## SYLLABUS

**The Course syllabus consists of:**

- understand the role of the first aider including reference to:
  - the importance of preventing cross infection;
  - the need for recording incidents and actions;
  - use of available equipment;
- assess the situation and circumstances in order to act safely, promptly and effectively in an emergency;
- administer first aid to a casualty who is unconscious (including seizure);
- administer cardiopulmonary resuscitation;
- administer first aid to a casualty who is choking;
- administer first aid to a casualty who is wounded and bleeding;
- administer first aid to a casualty who is suffering from shock;
- provide appropriate first aid for minor injuries (including small cuts, grazes and bruises, minor burns and scalds, small splinters).

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